REGION II Behavioral Health Board

Website: riibhb.idaho.publichealth.com

MONTHLY MEETING MINUTES

January 9, 2020-- 1:30 PM

Public Health Building – First Floor Conference Room

Conference Phone Number: 208-748-0414; Conference Room Number: 7002#;

Conference Pin Number: 7002#

I. Roll Call, Welcome, and Introductions

Board Members

	Sara Bennett	Х	Darrell Keim		Lisa Martin		Jenny Teigen
X	Lisa Bomley		Diane Kovach		Mike Ponozzo	X	Glenda Thomson
X	Megan Comstock	Х	Shari Kuther	X	Jim Rehder		
X	Kathy Connerley		Kathie LaFortune	X	John Rusche	X	Dean Allen
X	Beverly Fowler	Х	Tom Lamar	х	Teresa Shackelford	Х	Todd Hurt
X	Chris Goetz	х	Deborah Lind	х	Jennifer Shuffield		
X	Sharlene Johnson		Tammy Lish-Watson	Х	Skye Taylor		

Others In Attendance: Carol Moehrle, Steve Thomas, Joshua Gartrell, Dr. Nick Phillips, Dr.

Chernyak, Ana Crocker (intern), Todd Holcomb (with IDOC), Stephanie Beidman,

By Phone: Tammy Everson, Jen Griffis, Megan Comstock, Todd Hurt

II. Approval of November BHB Minutes:

Motion to Approve: Chris made motion with correction to Medicaid coverage number on last page from 26,000 to "many." Motion seconded by Tom; Motion carried.

III. Financial report—Carol/Perri

No expenditures requested for reimbursement this past month. Refer to packet for detailed information. Carol shared we are "on track" at this time financially.

IV. Point in Time Homeless Count action plan—Steve Thomas

Housing survey administered by local direct serve providers to get a "point in time" count of the homeless in our region. Answers to survey are voluntary and anyone working with those who might be experiencing unsheltered housing January 23-29th are encouraged to have surveys on desk and offer this to individuals to collect data. This survey is completed annually in January and is 18 questions. Last year 196 were counted and was second in the State of Idaho by region. A report is available in the Spring. Some agencies have put on an event to gather homeless individuals and families to come and offer free food, etc... to complete surveys. There is some funding to pay for such an event. Contact Steve for questions and financial support (steve@familypromiselc.org).

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V. Tri-State BH clinic—Joshua Gartrell

Tri-State Memorial Hospital has operated a behavioral health clinic since June 2019. One Thousand referrals have been received thus far; onboarding 500 patients so far. Dr. Chernyak addressed group and shared she provides outpatient and inpatient detox. So far those detox services are strictly medical but will follow with Dr. Chernyak after discharge. The clinic now is able to accept all forms of insurance. Dr. Chernyak specialized in adults but will see teens. Dr. Phillips is treating both children and adults; with the focus being adolescent and young adults. Comes from lens of trauma informed care. Working to have a therapist on staff as well to serve the psychotherapy component of their patients. Capacity will likely be at threshold in the next 12-18 months.

VI. Strategic planning follow-up—Chris

Chris asked for additional feedback from team from meeting a few months ago. Plan now is to put things in writing. Dr. Rusche asked about Department of H&W's recent email re: RFI and if that is for public input or just provider feedback. Theresa agreed to clarify and invited people to attend the brown bag lunches being held in our communities to share the update on behavioral health. Dr. Rusche feels the BHB strategic plan would be helpful to have and share as input. Board agreed this is an area needing clarification and thanks Chris for his leadership on this issue.

VII. Legislative priorities discussion—Tom/Chris/Jim/Carol

Board has a revised & simplified Legislative priority document in the meeting packet. Governor's speech was positive about Medicaid Expansion and referenced the possible county impact via property taxes. This may impact county indigent funds. The top five priorities are approved and supported by the Board.

VIII. Recovery Community Center Latah/Nez Perce Counties – Board

Darryl reported they are busy and highlighted outreach with the Hope Center with their coaching program. They are also doing outreach at U of Idaho. They are kicking off their major fundraiser in March. Tammy's intern spoke on her behalf. In December 1300 people have been through their center. They have had 32 continuous in their warming place and of those, 19 have been place in permanent housing.

IX. BHB Sub-Committee Reports:

Children's Mental Health – scheduled to meet today and will develop goals for this year.

<u>Adult Behavioral Health</u> – Will meet in February; no report today.

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<u>Housing</u> – First Steps 4 Life is offering 24-hour support including warming place for those in unsheltered housing.

<u>Tele-Health</u> – Training on 1/24/2020 and registration is still open and will focus on HIPAA. Purpose is to use media to reach out to those in homes or difficult access due to geographical location. Optum will be supporting this training with providing food.

<u>Prevention</u> Have not met over holidays. Mental Health screening has included 4 events; with 1 referral out of 53 screened individuals. ODP has contracted with PIRE to complete their survey. Board members encouraged to complete survey upon receipt via email.

Request for funding—Jim asked for a motion to amend the agenda to consider Weighted blanket request. John made motion, Shari second, motion carried. Teresa made a request of \$400 from the BHB to help support this program. Clarification about if Adult Behavioral Health can purchase the supplies and then be reimbursed. Carol will look into this. Dr. Rusche made motion to approve the request dependent upon Carol's research for appropriateness of BHB expenditure; seconded by Shari. No discussion, motion carried.

X. **Public Input:** Josh Gartrell thanked Board for the invitation to present their program.

Jim asked the board if they would like to meet in February? Since there were no emergent issues and legislative issues can be shared through email, the board saw no reason to meet in February.

- XI. **Next BHB Meeting:** March 12, 2020
- XII. Meeting adjourned at 2:35 pm.